

FIL^oTiMO
FOUNDATION



2025

Impact Report



Mission and Vision

The Filotimo Foundation provides direct financial support to adults living with cystic fibrosis, helping cover essential living and medical needs and supporting family-building journeys.

Our vision is a future where every adult with CF has the resources and support to live fully and build the family they choose, without barriers imposed by their disease.

The Principle of Filotimo

Filotimo guides every decision we make. It is the idea that you give without expecting anything in return and that you leave every person better than you found them. It reminds us that service is not an obligation, but a privilege. And small acts can change the course of a life.

A Letter from Leadership

DEAR FRIENDS,

Last year, we publicly launched the Filotimo Foundation to provide a future where every adult with cystic fibrosis has the resources and support to live fully and build the family they choose, without barriers imposed by their disease. What began as a **personal mission in North Carolina has grown into a national movement** that now reaches thousands of people who simply need someone to believe in them.

As the landscape for assistance programs continues to shift, especially this year, too many adults with CF wake up every day unsure how they will afford the medications, fertility treatments, or basic support that allows them to breathe and plan for a life beyond survival. In the face of those challenges, our community stepped up. **Because of you, we were able to help adults with CF welcome healthy children into the world, pay for essential care, stay employed, remain housed, and see a future that we were once told was impossible.**

- Every number in this report represents a life changed.
- Every story represents a moment when someone finally felt seen.
- Every success represents a collective belief that **small actions matter.**

The year ahead will call for more support for adults with CF through additional partnerships with clinics and hospitals, opportunities for families to grow, and more moments where we are able to say yes to our community's requests. We are grateful for the ability to meet those moments confidently and look forward to celebrating future successes together.

The impact you will read in these pages is only the beginning. Thank you for your time, trust, and generosity in taking this journey with us.

With love, no conditions.



Pete Proimos
Co-Founder and President



Impact Report Overview

This Impact Report highlights the Filotimo Foundation's work over the past year, showing how its mission, resources, and partnerships have created meaningful impact in the communities it serves. The report emphasizes outcomes, transparency, and responsible stewardship, grounded in the values of Filotimo.

The report is intended for donors, partners, and community members, providing a clear view of how contributions are used, the difference they make, and the opportunities ahead to continue creating positive change together.

Key Highlights of 2025

NETWORK EXPANSION

Grew from 1 to **54 hospital partners nationwide**, enabling support for **10,000+ adults living with cystic fibrosis** — more than 25% of the U.S. adult CF population.

FAMILY-BUILDING REACH

Expanded support from 1 to **150+ fertility clinic locations**, increasing access to grants for IVF, sperm retrieval, genetic testing, adoption, and more.

DIRECT ASSISTANCE DELIVERED

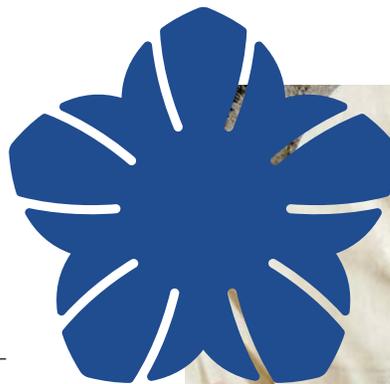
Responded to **700+ requests for help** across medical bills, food insecurity, transportation, lodging, and other critical needs.

FINANCIAL IMPACT

Provided **\$591,676 in support**, easing burdens so individuals can focus on health and future goals.

MOMENTS OF HOPE

Welcomed 4 babies through fertility support and adoption and celebrated the first Filotimo Baby's first birthday.



History and Background



The Filotimo Foundation began with Pete Proimos. Diagnosed at seven months old with cystic fibrosis, he grew up hearing that his life expectancy was limited. Every plan and every dream was shaped by the belief that time would run out before life fully unfolded. As treatments advanced, Pete lived long enough to ask a question that generations before him never could. What now?



Adults with CF are living longer, yet meaningful support for building full lives remains scarce.

Medical systems focus on survival. Insurance lags behind progress. Families face impossible choices about fertility, finances, and daily life. Pete knew the weight of fighting for every breath and the loneliness of wondering whether a future was possible. He also knew that no one should face those questions alone.



In 2023, that experience gave rise to the Filotimo Foundation. Rooted in the Greek concept of filotimo, meaning giving without expectation and leaving others better than you found them, a personal mission quickly grew into a national effort. Its purpose is simple and urgent: to support adults with CF, help families grow, and protect the time so many fear losing.

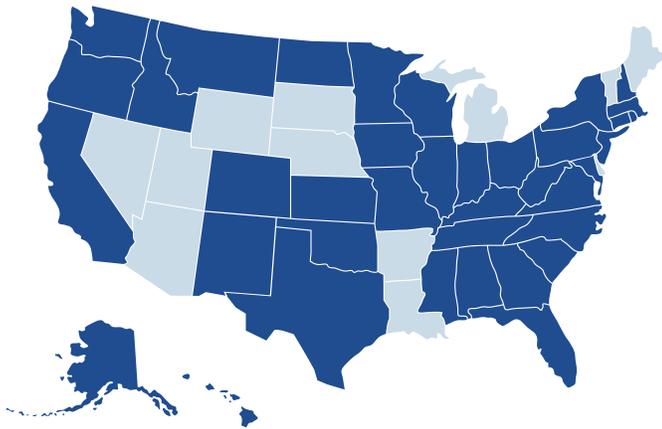


Today, the foundation continues with the same clarity of purpose. To bring hope where uncertainty lives. To provide support where systems fall short. And to create a future for people who were once told they would never have one.

Impact At-A-Glance

In 2025, the Filotimo Foundation served 399 adults living with cystic fibrosis through our hardship assistance program and delivered more than 700 individual acts of service across the country. This support touched every aspect of daily life, from essential medical needs to the basic costs of stability and dignity.

In addition to direct hardship support, Filotimo also invested in a national network of partners who help us care for adults with CF in ways no single organization could do alone.



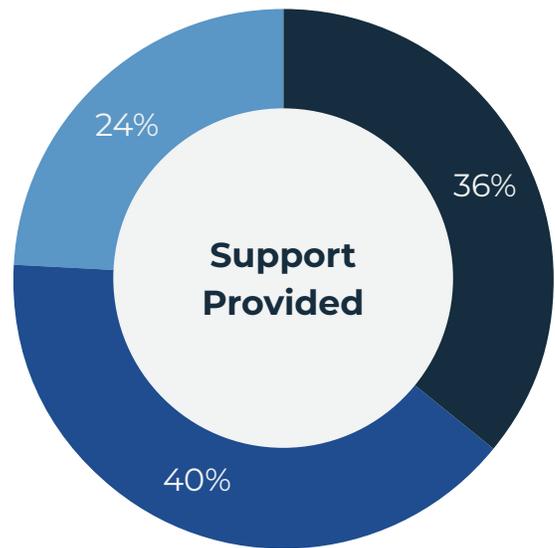
■ States served in 2025

Geographic Reach

Filotimo serves adults with CF in America.

To date, we have supported adults in 38 states.

These states include: Alaska, Alabama, California, Colorado, Connecticut, Florida, Georgia, Hawaii, Iowa, Idaho, Illinois, Indiana, Kansas, Kentucky, Massachusetts, Maryland, Minnesota, Missouri, Mississippi, Montana, North Carolina, North Dakota, New Hampshire, New Jersey, New Mexico, New York, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Virginia, Washington, Wisconsin, and West Virginia.



- Family Building: \$214,751
- Hardship: \$234,379
- Community Partnership Grants: \$142,546

TOTAL:

\$591,676





Family Building Support

The Filotimo Foundation continued to expand its work in fertility and family building throughout 2025. Total dollars provided for family building support totaled \$214,751.

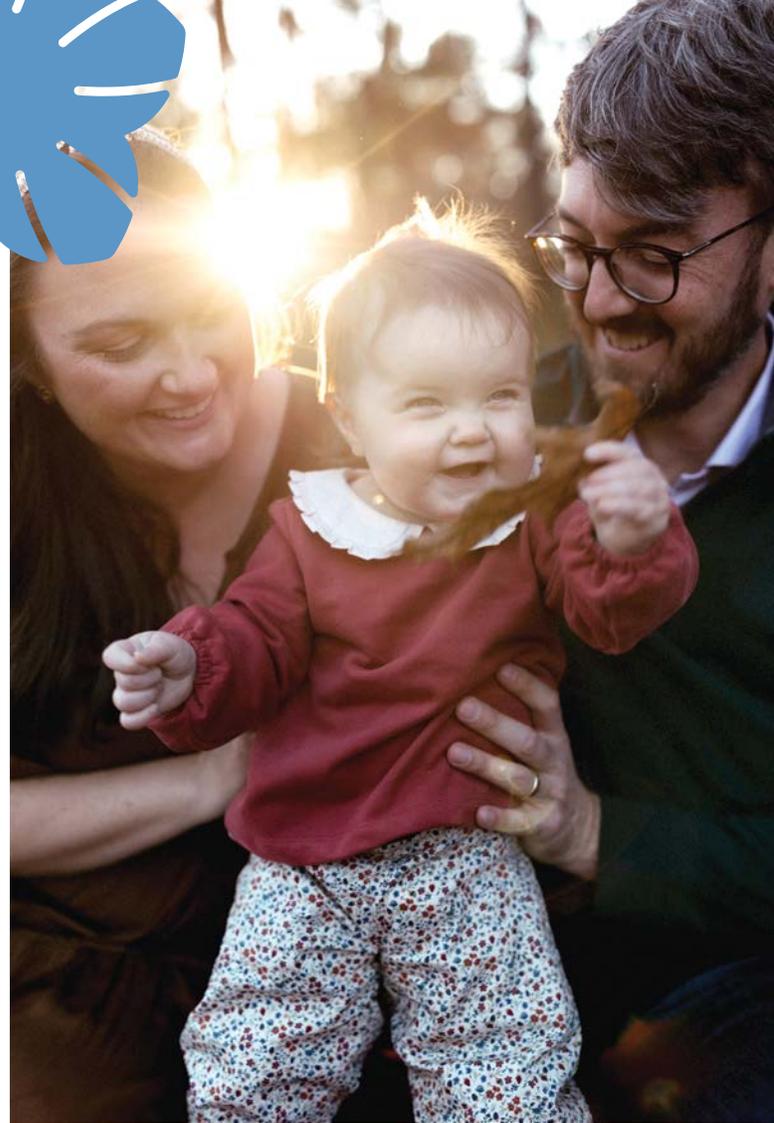
Family Building Partnerships in 2025

In 2025, Filotimo partnered with several of the largest and most respected fertility networks in the country, along with leading independent clinics and reproductive health programs. These partners include Atlantic Fertility, Ivy Fertility, US Fertility, Posterity Health, Terra Health, Columbia Fertility Center, and Emory Health.

Through these partnerships, Filotimo now has access to more than **150 fertility clinic locations** nationwide, giving adults with cystic fibrosis the opportunity to receive coordinated, high-quality fertility care no matter where they live.

In addition, Filotimo expanded its family building impact through a national partnership with **Gift of Adoption**, providing critical support for individuals and couples pursuing adoption as part of their journey to create or grow their families.

In 2025, Filotimo supported **30 couples** through its fertility program. The year also marked a milestone as three babies were born to families supported by Filotimo. Through the Gift of Adoption partnership, **one family** received adoption support and successfully completed the adoption process.



“Because of Scott’s cystic fibrosis, we were unable to conceive naturally. We planned to the best of our ability, but even the most reputable clinics can only provide estimates, and the total cost ultimately exceeded what we had anticipated. The foundation’s grant **provided crucial financial support** during an already stressful and hormone-filled time in our lives. Not having to worry about the final portion of financing was a **tremendous blessing and allowed us to truly enjoy the experience of being newly pregnant.**”

MARTHA B.

Areas of Impact

In 2025, the Filotimo Foundation supported adults with cystic fibrosis by strengthening health, stability, and opportunity across five core areas.



Education and Empowerment

We helped adults with CF access information, build confidence, and navigate resources through education and workforce support, hospital partnerships, and national awareness efforts.



Health and Wellness Support

Filotimo provided critical assistance for medications, nutrition, mental health care, transportation, housing, utilities, and other essential needs — reducing daily burdens and supporting overall well-being.



Family Building Support

We expanded access to fertility and adoption support through a growing national network of fertility partners and our partnership with Gift of Adoption, helping make parenthood possible for more families.



Community Partnerships and National Network

By collaborating with hospitals, nonprofits, academic institutions, and specialized programs, Filotimo strengthened a national system of care that extends beyond any single organization.



Emergency Relief and Special Initiatives

When urgent needs arose, Filotimo responded quickly with emergency assistance, ensuring adults with CF had support during critical moments.



2025 Events

The Filotimo Gala

The Filotimo Gala, An Acropolis Affair, marked the foundation's first-ever fundraising event. Bringing together more than 300 attendees, the Gala created meaningful space to share powerful stories, elevate awareness of adult cystic fibrosis, and celebrate the resilience of the CF community. Through collective generosity and engagement, the event generated **over \$1.3 million** in critical support for Filotimo's programs.



The Lung Run

The Lung Run was launched as a national awareness event inspired by Lewis Lovell and Nemanja Savic, who ran four marathons in four days to spotlight CF. The community fun run, held on the fourth day, brought together nearly 500 participants from across the country, uniting the CF community, supporters, and partners in a powerful show of solidarity while generating **over \$58,000** in vital fundraising support.



“My annual labwork reminds me of how grateful I am for the support that I have received, as it has **truly saved my vision**. In a few months, **I'll be graduating as a Doctor of Veterinary Medicine!** I am currently going through the match process and hoping to begin an emergency and critical care medicine specialty internship after graduation. Without the support of the Filotimo Foundation (and, previously, the Spiritus Project), this achievement simply would not have been possible. **I would have had to choose between my career aspirations and my vision.**”

ANNA S.



Thank You

The Filotimo Foundation exists because of a community that chooses to stand beside adults living with cystic fibrosis. Every gift, partnership, and show of support reinforces a simple promise: **no one has to face this journey alone.**

We are deeply grateful to the donors, sponsors, and partners who make our work possible. Your commitment allows us to provide stability in moments of uncertainty, hope in moments of doubt, and opportunity where it once felt out of reach.

Thank you for believing in Filotimo and for helping us build a future defined by dignity, care, and possibility. Your support is why we can continue to serve, grow, and reach those who need us most.

In 2025, your generosity helped make this impact possible:

\$1,700,000+

RAISED IN FUNDING

32

SPONSOR PARTNERS

150

NATIONAL AND COMMUNITY PARTNERS



“Words cannot express how thankful we are, not only for your financial assistance, but for the **continual emotional support.**”

You’re angels who were an integral part of our successful adoption!

CF can’t stop us!”

NICOLE K.



Looking Ahead

In 2026, the Filotimo Foundation will focus on strengthening relationships and building long-term partnerships to ensure sustainable impact.

OUR PRIORITIES INCLUDE:

- **Deepening collaboration** with sponsors, donors, and partners
- **Expanding hospital and fertility clinic partnerships** to improve access to care
- **Evolving our infrastructure** to most efficiently meet the needs of the cystic fibrosis community

With love, no conditions

FILOTIMO

FOUNDATION



filotimofoundation.org

984-231-1680

2710 Wycliff Road, Suite G40

Raleigh, NC 27607

STAY CONNECTED

Instagram | @filotimo_foundation

LinkedIn | Filotimo Foundation

Facebook | Filotimo Foundation

YouTube | @FilotimoFoundation

